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# MF FITTEST GUYS



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PAGE 10

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### **TIGER WOODS IS "MEN'S FITNESS" FITTEST OF THEM ALL...**

Not a surprise that Woods is Men's Fitness' *Fittest Guy in America* (June/July), because editor-in-chief (since April 2007) Roy Johnson--a close friend dating back to Johnson's Sports Illustrated/Fortune career (with ties also to **Stanford University**)--was the first to showcase the golfer's regimen in the August 2007 MF (min, July 16, 2007). No Tiger workout photographs this time, no cover, and no mention of his post-**Master's** knee surgery, which could impact his spectacular career.

### **...AND BARACK OBAMA IS "MF" FIT, TOO.**

Thankfully for the presidential candidate, bowling does not count, because the 37 that he allegedly rolled during the campaign would have left him, pardon the pun, in the "gutter." Instead, Obama is among MF's 24 runners-up to *Fittest Guy* Tiger Woods for his stamina (16-hour days), diet (few fatty foods), and basketball prowess. He also is said to have quit smoking.

# Men's Fitness