

editorial

PEG MOLINE, EDITOR IN CHIEF NATURAL HEALTH MAGAZINE

Peg Moline, editor in chief of *Natural Health* magazine, has been involved in health & fitness journalism for more than 26 years. Holding a dual role at AMI/Weider | Publications for eight years, she also served as editorial director of SHAPE magazine from 1993 to April 2001.

Since 1994, Peg has been editor in chief of *Fit Pregnancy*, which began as a spin-off of SHAPE in 1993, and has grown to be one of the most widely respected, and award-winning, magazines for new and expectant mothers on the newsstand today.

Prior to joining Weider Publications, Ms. Moline was the fitness editor of Conde Nast's *Self*, based in New York.

She started her career as an editor at *City Sports* magazine, based in San Francisco, Los Angeles and Boston.

She is the co-author (with Sam Dworkis) of *Extension: The 20-Minute-A-Day Yoga-Based Program to Relax and Rejuvenate the Average Stressed-Out Over-35 Body* (Poseidon Press, 1994).

A competitive rower and outrigger canoe paddler, Ms. Moline lives with her family (two daughters) in Mar Vista, a Westside community in Los Angeles.



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